

BIRPARA COLLEGE

(NAAC ACCREDITED)

P.O. Birpara, Dist. Alipurduar (W.B.)

PIN - 735 204

*(A Govt. Aided Degree College
Affiliated to the University of
North Bengal & Enlisted Under
Sec. 2(f) & 12(B) of UGC. Act.)*



Phone & Fax No. : 03563 - 266217

Website : www.birparacollege.ac.in

e-mail : birparacollege@gmail.com

Ref

Date

NOTICE

Date: 11.06.2021

The NSS Unit II of Birpara College will organise a Health Awareness Programme Door to Door under NSS Outreach Programme at subhaspally on 15.06.2021. All NSS volunteers of Unit II, students, and faculty members are encouraged to participate actively in this event.

Teacher-in-Charge
Birpara College

Teacher-in-charge
BIRPARA COLLEGE
Birpara, Alipurduar

AUTHENTICATED

Kansta Chakrabarti
Principal
Birpara College
Birpara, Alipurduar

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HEALTH AWARENESS PROGRAMME DOOR TO DOOR AT SUBHASPALLY

Under NSS Outreach Programme

Organized by: NSS Unit II, Birpara College

Date: 15/6/2021

No of Volunteers Participated: 20

Introduction

The NSS Unit II of Birpara College conducted a Health Awareness Programme in the Subhaspally locality on 15th June 2021. The initiative aimed to educate residents about the importance of health, hygiene, and preventive care through a door-to-door campaign. With 20 committed volunteers, the program sought to bridge the gap between health awareness and community well-being.

Objectives

1. To promote the importance of personal hygiene and sanitation.
2. To raise awareness about common health issues and preventive measures.
3. To encourage health check-ups and timely medical consultation.
4. To instill a sense of social responsibility among students and NSS volunteers.

Programme Details

- **Activities Conducted:**
 - Door-to-door visits to over 150 households in Subhaspally.

Kanstav Chakraborti
Principal
Birpara College
Birpara, Alipurduar

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- Distribution of informational pamphlets on hygiene, healthy lifestyle, and local healthcare facilities.
- Conversations with residents to understand their health-related concerns and provide basic guidance.
- Promotion of the COVID-19 vaccination drive and safety measures.
- **Community Interaction:** Residents actively engaged with the volunteers, discussing issues such as poor sanitation, lack of awareness about diseases, and hesitancy towards vaccines.

Impacts

On Students

1. **Practical Learning:** Volunteers gained firsthand experience in addressing health issues and communicating effectively with the community.
2. **Empathy and Responsibility:** The program fostered a sense of social responsibility and empathy towards underprivileged sections of society.
3. **Skill Development:** Students developed skills in teamwork, leadership, and problem-solving during the campaign.

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Health awareness at Subhaspally by NSS unit II volunteers



Health awareness at Subhaspally by NSS unit II volunteers

On the Institution

1. **Enhanced Reputation:** The program showcased Birpara College's commitment to social welfare and community development.
2. **Strengthened NSS Initiatives:** The success of the event highlighted the active role of the college's NSS unit in societal improvement.
3. **Collaboration Opportunities:** This program paved the way for potential collaborations with local health authorities and organizations.

On Society

1. **Increased Awareness:** Many residents were made aware of basic health practices and the importance of regular check-ups.

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2. **Community Health Improvement:** Promoted the adoption of healthier lifestyles and preventive care measures in the locality.
3. **Vaccination Advocacy:** Encouraged hesitant individuals to consider vaccination, contributing to public health efforts against COVID-19.

Conclusion

The Health Awareness Programme at Subhaspally was a significant step towards creating a healthier and more informed community. It served as a platform for NSS volunteers to contribute meaningfully to society while enriching their learning experience. The event's success underscores the importance of such outreach programs in fostering a sense of collective responsibility among students and positively impacting the institution and community.

Kansta Chakraborti
Principal
Birpara College
Birpara, Alipurduar

BIRPARA COLLEGE, BIRPARA, ALIPURDUAR

Title of Event: Health Awareness Programme Door to Door at Subhaspally

Date: From 15/06/2021 to ___/___/___ Time (in hours) _____

Organised by: NSS-II, Birpara College (Outreach Programme)

In collaboration with: IRAC, Birpara College

Attendance Sheet

Sl. No.	Signature	Sl. No.	Signature
1.	Rubina Khatun	26.	
2.	Sumana Ahamed	27.	
3.	Manashi Barman	28.	
4.	Tana Kumari Sah	29.	
5.	Priyanka Das	30.	
6.	Rihelka das	31.	
7.	Anamika Barman	32.	
8.	Dipannita Manti	33.	
9.	Himan Barman	34.	AUTHENTICATED
10.	Riya Kar	35.	
11.	Priyanka Mandat	36.	<i>Koushik Choudhary</i>
12.	Amit ROY	37.	PRINCIPAL BIRPARA COLLEGE BIRPARA, ALIPURDUAR
13.	Dipak Choudhary	38.	
14.	Ashit Modak	39.	
15.	Namita Some	40.	
16.	Subrata Barman	41.	
17.	Oliviya Das	42.	
18.	Rajkamal Roy	43.	
19.	Jayashree Dey	44.	
20.	Choway Rai	45.	
21.		46.	<i>Roy</i>
22.	<i>Sif</i>	47.	Programme Officer
23.	Teacher-in-charge BIRPARA COLLEGE Birpara, Alipurduar	48.	Birpara College NSS Unit-II Birpara, Alipurduar
24.		49.	
25.		50.	