

# BIRPARA COLLEGE

( NAAC ACCREDITED )

P.O. Birpara, Dist. Alipurduar (W.B.)

PIN - 735 204

*(A Govt. Aided Degree College  
Affiliated to the University of  
North Bengal & Enlisted Under  
Sec. 2(f) & 12(B) of UGC. Act.)*



Phone & Fax No. : 03563 - 266217

Website : [www.birparacollege.ac.in](http://www.birparacollege.ac.in)

e-mail : [birparacollege@gmail.com](mailto:birparacollege@gmail.com)

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Date .....

## NOTICE

Date: 17/11/2022

The NSS Unit II of Birpara College will organise a Rally on Awareness on Tobacco Use under NSS Outreach Programme at Birpara on 22/11/2022. All NSS volunteers of Unit II, students, and faculty members are encouraged to participate actively in this event.

Teacher-in-Charge  
Birpara College

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BIRPARA COLLEGE  
Birpara, Alipurduar

**AUTHENTICATED**

Kanstav Chakrabarti  
Principal  
Birpara College  
Birpara, Alipurduar

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## RALLY ON AWARENESS ON TOBACCO USE

Under NSS Outreach Programme

**Organized by:** NSS Unit II, Birpara College

**Date:** 22/11/2022

**No of Volunteers Participated:** 35

### Introduction

The rally aimed to raise awareness about the harmful effects of tobacco use among students, staff, and the wider community. The event sought to foster a collective understanding of the health risks and societal impact of tobacco consumption and promote a tobacco-free lifestyle.

### Activities Conducted

#### 1. Rally Route:

- The rally commenced from the Birpara College campus and proceeded through key areas of the town, including marketplaces, residential zones, and bus stops.
- Volunteers carried banners, placards, and posters with impactful messages on the dangers of tobacco.

#### 2. Awareness Campaign:

- Slogans were chanted to emphasize the health hazards of tobacco and the benefits of a tobacco-free life.

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- Flyers and pamphlets with detailed information on tobacco's health risks were distributed to the public.

### 3. Engagement with the Public:

- Volunteers interacted with community members, highlighting tobacco's impact on physical and financial health.
- Discussions were initiated to encourage individuals to quit tobacco use and spread the message in their social circles.

## Impact on Stakeholders

### 1. Impact on Students:

- **Knowledge Enrichment:** Students gained valuable insights into the adverse effects of tobacco on health, productivity, and well-being.
- **Awareness of Social Responsibility:** The rally fostered a sense of social responsibility among volunteers, motivating them to act as ambassadors for change.

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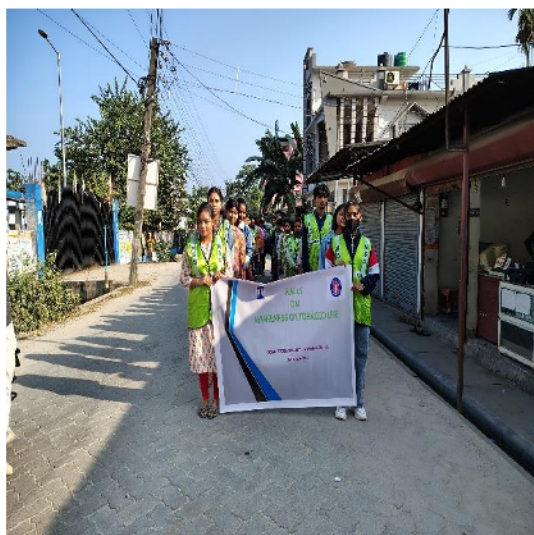
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Awareness rally on Tobacco use by NSS unit II volunteers



Awareness rally on Tobacco use by NSS unit II volunteers

- **Skill Development:** Participation in the rally enhanced leadership, communication, and organizational skills among students.

## 2. Impact on the Institution:

- **Strengthened NSS Objectives:** The event demonstrated Birpara College's commitment to societal well-being, aligning with the objectives of the NSS.
- **Enhanced Visibility:** The institution garnered recognition for its proactive stance on public health awareness.
- **Holistic Education:** The initiative reinforced the institution's role in providing holistic education by integrating community outreach with academics.

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### 3. Impact on Society:

- **Increased Awareness:** The rally successfully educated the public on the harmful effects of tobacco, influencing behavior change.
- **Community Engagement:** Local residents actively participated in discussions, expressing willingness to support a tobacco-free environment.
- **Ripple Effect:** The initiative encouraged participants and bystanders to spread awareness within their families and peer groups, amplifying the campaign's impact.

### Outcomes

- The rally witnessed significant public engagement, with over 500 individuals reached directly through interactions and pamphlet distribution.
- Several individuals expressed interest in quitting tobacco, and some sought further guidance for cessation programs.
- The event strengthened the bond between Birpara College and the local community, showcasing the college's commitment to societal welfare.

### Conclusion

The "Rally on Awareness on Tobacco Use" successfully achieved its objectives of spreading awareness and promoting a healthier lifestyle. The collaboration between students, the institution, and the community exemplifies the positive outcomes of united efforts toward societal betterment.

*Kansta Chakraborti*  
Principal  
Birpara College  
Birpara, Alipurduar

BIRPARA COLLEGE, BIRPARA, ALIPURDUAR

Title of Event: Rally On Awareness On Tobacco Use

Date: From 22/11/2022 to \_\_\_/\_\_\_/\_\_\_ Time (in hours) \_\_\_\_\_

Organised by: NSS Unit-II, Birpara College Outreach Programme

In collaboration with: IQAC, Birpara College

Attendance Sheet

Sl. No.	Signature	Sl. No.	Signature
1.	Tampa Mohanta	26.	Sonali Ray
2.	Tampa Ray	27.	Suraj Borman
3.	Pinki Roy	28.	Pritom Shil
4.	Piya Dey	29.	Nihet Kujur
5.	Subham B. Dey	30.	Anish Oraon
6.	Suneina Shanma	31.	Takari Gope
7.	Tanjila Aktani	32.	Mihir Sarkar
8.	Bikram Sanjayshi	33.	Hanipada Shil
9.	Sonia Narden	34.	Amab Roy
10.	Sagarika Roy	35.	Anish Das
11.	Sayak Aftab Ali	36.	
12.	Puja Ray	37.	
13.	Rafizul Islam Ansari	38.	Teacher-in-charge BIRPARA COLLEGE Birpara, Alipurduar
14.	Rohit Roy	39.	
15.	Sangita Dhawar	40.	
16.	Sana Aganwal	41.	
17.	Soyeb Akhtar	42.	
18.	Subham Gupta	43.	
19.	Sujana Sharma	44.	
20.	Ankita Roy	45.	
21.	Jahirul Islam	46.	
22.	Punam Choudhury	47.	
23.	Punam Rajak	48.	
24.	Rahul Sah	49.	
25.	Sangita Barman	50.	

**AUTHENTICATED**

Kaustav Chakrabarti

PRINCIPAL  
BIRPARA COLLEGE  
BIRPARA, ALIPURDUAR

Teacher-in-charge  
BIRPARA COLLEGE  
Birpara, Alipurduar