

BIRPARA COLLEGE

(NAAC ACCREDITED)

P.O. Birpara, Dist. Alipurduar (W.B.)

PIN - 735 204

*(A Govt. Aided Degree College
Affiliated to the University of
North Bengal & Enlisted Under
Sec. 2(f) & 12(B) of UGC. Act.)*



Phone & Fax No. : 03563 - 266217

Website : www.birparacollege.ac.in

e-mail : birparacollege@gmail.com

Ref

Date

NOTICE

Date: 07.11.2022

The NSS Unit II of Birpara College will organise a Health Awareness Programme under NSS Outreach Programme on 11.11.2022. All NSS volunteers of Unit II, students, and faculty members are encouraged to participate actively in this event.

Teacher-in-Charge
Birpara College

Teacher-in-Charge
BIRPARA COLLEGE
Birpara, Alipurduar

AUTHENTICATED

Kanstav Chakraborti
Principal
Birpara College
Birpara, Alipurduar

BIRPARA COLLEGE

(NAAC ACCREDITED)

P.O. Birpara, Dist. Alipurduar (W.B.)

PIN - 735 204

*(A Govt. Aided Degree College
Affiliated to the University of
North Bengal & Enlisted Under
Sec. 2(f) & 12(B) of UGC. Act.)*



Phone & Fax No. : 03563 - 266217

Website : www.birparacollege.ac.in

e-mail : birparacollege@gmail.com

Ref

Date

HEALTH AWARENESS PROGRAMME AT BIRBITI

Under NSS Outreach Programme

Organized by: NSS Unit II, Birpara College

Date: 11/11/2022

No of Volunteers Participated: 18

Introduction

The NSS Unit II of Birpara College organized a Health Awareness Programme on 11th November 2022 at Birbiti Primary School. This initiative aimed to educate and sensitize the local community and students about essential health practices and preventive measures for common diseases. The event was conducted as part of the unit's mission to contribute meaningfully to societal well-being.

Objectives of the Programme

1. To spread awareness about personal and community hygiene.
2. To educate participants on preventive measures for seasonal and lifestyle diseases.
3. To emphasize the importance of nutrition, regular exercise, and mental well-being.
4. To bridge the gap between health awareness and accessibility for underserved communities.

Activities Conducted

Kanstav Chakraborti
Principal
Birpara College
Birpara, Alipurduar

BIRPARA COLLEGE

(NAAC ACCREDITED)

P.O. Birpara, Dist. Alipurduar (W.B.)

PIN - 735 204

*(A Govt. Aided Degree College
Affiliated to the University of
North Bengal & Enlisted Under
Sec. 2(f) & 12(B) of UGC. Act.)*



Phone & Fax No. : 03563 - 266217

Website : www.birparacollege.ac.in

e-mail : birparacollege@gmail.com

Ref

Date

1. Health Talks and Discussions

- Professional health educators and volunteers delivered interactive sessions on hygiene, sanitation, and disease prevention.

2. Demonstrations

- Practical demonstrations on handwashing techniques, first aid, and oral hygiene were conducted.

Impact Analysis

Impact on Students

1. Enhanced knowledge of public health and hygiene among participating volunteers.
2. Improved communication, organizational, and leadership skills of NSS volunteers through real-world engagement.

Kansta Chakraborti
Principal
Birpara College
Birpara, Alipurduar

BIRPARA COLLEGE

(NAAC ACCREDITED)

P.O. Birpara, Dist. Alipurduar (W.B.)

PIN - 735 204

*(A Govt. Aided Degree College
Affiliated to the University of
North Bengal & Enlisted Under
Sec. 2(f) & 12(B) of UGC. Act.)*



Phone & Fax No. : 03563 - 266217

Website : www.birparacollege.ac.in

e-mail : birparacollege@gmail.com

Ref

Date



Health Awareness at Birbiti primary school
by NSS II volunteers



Health Awareness at Birbiti primary
schhol Area by NSS II volunteers

3. A sense of responsibility and empathy developed among students towards underserved communities.

Impact on Society

1. Increased awareness among the residents of Birbiti about essential health practices and disease prevention.
2. Empowered the local community to take preventive measures for maintaining personal and environmental hygiene.

Kansta Chakraborti
Principal
Birpara College
Birpara, Alipurduar

BIRPARA COLLEGE

(NAAC ACCREDITED)

P.O. Birpara, Dist. Alipurduar (W.B.)

PIN - 735 204

*(A Govt. Aided Degree College
Affiliated to the University of
North Bengal & Enlisted Under
Sec. 2(f) & 12(B) of UGC. Act.)*



Phone & Fax No. : 03563 - 266217

Website : www.birparacollege.ac.in

e-mail : birparacollege@gmail.com

Ref

Date

3. Strengthened the bond between the college and the local community, encouraging more collaborative initiatives in the future.

Conclusion

The Health Awareness Programme at Birbiti was a resounding success, fulfilling its objective of educating and empowering the community on health-related issues. The dedicated efforts of the NSS volunteers and the enthusiastic participation of the local residents contributed to making this event impactful and meaningful. NSS Unit II, Birpara College, remains committed to organizing such initiatives in the future to foster a healthier, more informed society.

Kanstav Chakraborti
Principal
Birpara College
Birpara, Alipurduar

BIRPARA COLLEGE, BIRPARA, ALIPURDUAR



Title of Event: Health Awareness Programme at Birbity

Date: From 11/11/2022 to / / Time (in hours)

Organised by: NSS Unit-II, Birpara College (Outreach Programme)

In collaboration with: IQAC, Birpara College

Attendance Sheet

| Sl. No. | Signature | Sl. No. | Signature |
|---------|---|---------|---|
| 1. | Sujana Sharma | 26. | |
| 2. | Ankita Roy | 27. | |
| 3. | Anupama Adhikari | 28. | |
| 4. | Blusuan Roy | 29. | |
| 5. | Elora Paul | 30. | |
| 6. | Ashak Paul | 31. | |
| 7. | Manisha Das | 32. | |
| 8. | Mimmasun Armi | 33. | |
| 9. | Mousomi Mandal | 34. | |
| 10. | Punam Rajak | 35. | |
| 11. | Rahul Sah | 36. | AUTHENTICATED |
| 12. | Sangita Barman | 37. | |
| 13. | Sonali Roy | 38. | Kanster Chetani |
| 14. | Sunay Barman | 39. | PRINCIPAL BIRPARA COLLEGE BIRPARA, ALIPURDUAR |
| 15. | Pritom Shil | 40. | |
| 16. | Niket Kujan | 41. | |
| 17. | Anish Onaon | 42. | |
| 18. | Haripada Shil | 43. | |
| 19. |  | 44. | |
| 20. | | 45. | |
| 21. | Teacher-in-charge BIRPARA COLLEGE Birpara, Alipurduar | 46. | |
| 22. | | 47. | |
| 23. |  | 48. | |
| 24. | In-charge Officer Birpara College NSS Unit-II Birpara, Alipurduar | 49. | |
| 25. | | 50. | |