

BIRPARA COLLEGE

(NAAC ACCREDITED)

P.O. Birpara, Dist. Alipurduar (W.B.)

PIN - 735 204

*(A Govt. Aided Degree College
Affiliated to the University of
North Bengal & Enlisted Under
Sec. 2(f) & 12(B) of UGC. Act.)*



Phone & Fax No. : 03563 - 266217

Website : www.birparacollege.ac.in

e-mail : birparacollege@gmail.com

Ref

Date

NOTICE

Date: 11.03.2023

The NSS Unit II of Birpara College will organise a Health Awareness Programme under NSS Outreach Programme at Nangdala on 16.03.2023. All NSS volunteers of Unit II, students, and faculty members are encouraged to participate actively in this event.

Teacher-in-Charge
Birpara College

Teacher-in-charge
BIRPARA COLLEGE
Birpara, Alipurduar

AUTHENTICATED

Kanstav Chakrabarti
Principal
Birpara College
Birpara, Alipurduar

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HEALTH AWARENESS PROGRAMME AT NANGDALA

Under NSS Outreach Programme

Organized by: NSS Unit II, Birpara College

Date: 16/03/2023

No of Volunteers Participated: 15

Introduction

The NSS Unit II of Birpara College successfully conducted a **Health Awareness Programme** at Nangdala on **16th March 2023**. This initiative was aimed at enhancing health awareness among the community and fostering a sense of social responsibility among students. The event saw active participation from 15 volunteers who worked diligently to achieve the programme's objectives.

Objectives of the Programme

1. To educate the community about basic health practices and preventive healthcare.
2. To promote hygiene and sanitation among the local population.
3. To empower students and volunteers to engage in social welfare activities.
4. To strengthen the bond between educational institutions and society through meaningful outreach.

Activities Conducted

1. **Health Education Sessions:** Informative talks on hygiene, nutrition, and preventive measures for common illnesses.

Kanstav Chakraborti
Principal
Birpara College
Birpara, Alipurduar

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2. **Demonstrations:** Practical demonstrations on handwashing techniques, oral hygiene, and first aid.
3. **Distribution of Information Leaflets:** Pamphlets containing essential health tips were distributed to the attendees.
4. **Interactive Discussions:** Open forums allowed villagers to ask questions and discuss health concerns.



NSS Unit II volunteer illustrated the health importance to local residents



Sanitizer distribution for health awareness to local residents



Collection of data regarding health issue from the local residents

Kansta Chakraborti
Principal
Birpara College
Birpara, Alipurduar

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Impacts

On Students

- **Skill Development:** Volunteers enhanced their communication, leadership, and teamwork skills.
- **Awareness:** Students gained insights into public health issues and the challenges of rural healthcare.
- **Empathy:** Exposure to real-world issues cultivated a deeper sense of empathy and social responsibility.

On the Institution

- **Enhanced Reputation:** The programme showcased Birpara College's commitment to societal welfare.
- **Strengthened Community Ties:** The initiative-built trust and goodwill between the institution and the Nangdala community.
- **Inspiration for Future Projects:** Success in this programme has motivated the institution to plan more such initiatives.

On Society

- **Increased Awareness:** Villagers learned about practical health practices, leading to a potential reduction in preventable diseases.
- **Empowerment:** Community members felt encouraged to prioritize hygiene and seek timely medical assistance.

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Principal
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Birpara, Alipurduar

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- **Better Sanitation Practices:** The programme instilled a sense of responsibility toward maintaining a cleaner environment.

Conclusion

The Health Awareness Programme at Nangdala was a resounding success, achieving its objectives of spreading health awareness and fostering a spirit of service among students. NSS Unit II of Birpara College remains committed to such initiatives that bridge the gap between institutions and society, fostering holistic growth and development.

Kanstav Chakraborti
Principal
Birpara College
Birpara, Alipurduar

BIRPARA COLLEGE, BIRPARA, ALIPURDUAR

Title of Event: Health Awareness programme of Nangdala

Date: From 16/03/2023 / / Time (in hours) _____

Organised by: NSS UNIT - II, Birpara college *Outreach Programme*

In collaboration with: IQAC, Birpara College

Attendance Sheet

Sl. No.	Signature	Sl. No.	Signature
1.	Bikram Sanyashi	26.	
2.	Sonia Narden	27.	
3.	Sagnika Roy	28.	
4.	Sayukh astar ali	29.	
5.	Siya Suba	30.	
6.	Vaskar Barman	31.	
7.	Krity Jaiswal	32.	
8.	Tokai Hope	33.	
9.	Mihin Sanker	34.	
10.	Hanupada Shil	35.	
11.	Amrit Roy	36.	AUTHENTICATED
12.	Anish das	37.	
13.	Pobitra Das	38.	
14.	Bhaskar Roy	39.	Karistar Chakrabarti
15.	Jagannath Roy	40.	PRINCIPAL BIRPARA COLLEGE BIRPARA, ALIPURDUAR
16.		41.	
17.	<i>Kay</i>	42.	
18.		43.	
19.	Teacher-in-charge BIRPARA COLLEGE Birpara, Alipurduar	44.	
20.		45.	
21.	<i>Kay</i>	46.	
22.	Programme Officer Birpara College NSS Unit-II Birpara, Alipurduar	47.	
23.		48.	
24.		49.	
25.		50.	