( NAAC ACCREDITED )

P.O. Birpara, Dist. Alipurduar (W.B.) PIN - 735 204

(A Govt. Aided Degree College Affiliated to the University of North Bengal & Enlisted Under Sec. 2(f) & 12(B) of UGC. Act.)



Phone & Fax No.: 03563 - 266217
Website: www.birparacollege.ac.in
e-mail: birparacollege@gmail.com
Ref
Date

## **NOTICE**

Date: 13.03.2024

The NSS Unit I of Birpara College will organise a Medicinal Plant Distribution at Dalgaon on 18/3/2024. All NSS volunteers of Unit I, students, and faculty members are encouraged to participate actively in this event.

Principal
Birpara College

Principal Birpara College Birpara, Alipurduar

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#### MEDICINAL PLANT DISTRIBUTION AT DALGAON

Under NSS Outreach Programme

Organized by: NSS Unit I, Birpara College

**Date:** 18/03/2024

No of Volunteers Participated: 17

#### Introduction

The NSS Unit I of Birpara College successfully conducted a community-focused outreach programme titled "Medicinal Plant Distribution at Dalgaon" on 18th March 2024. The initiative aimed to promote awareness about the benefits of medicinal plants and their role in fostering a sustainable and healthy lifestyle. This event was part of the NSS unit's commitment to contributing to the welfare of the community while enhancing the personal growth of its student volunteers.

### **Programme Highlights**

- Distribution of Medicinal Plants: A total of 55 saplings of medicinal plants, including Tulsi, Aloe Vera, Neem, and Giloy, were distributed among the local community members.
- Awareness Campaign: Volunteers educated the community about the medicinal properties and uses of these plants. They demonstrated how these plants can be utilized to address common ailments naturally.

Laustav Chekraberti Principal Birpara College Birpara, Alipurduar

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- Community Engagement: Interactive sessions with community members allowed volunteers to understand local health issues and promote the cultivation of medicinal plants in home gardens.
- 4. **Environmental Message:** The event emphasized the role of medicinal plants in enhancing biodiversity and environmental health, fostering a culture of eco-friendly practices.

### Impacts of the Event

### 1. Impact on Students:

- Enhanced Knowledge: Volunteers gained valuable insights into the importance of medicinal plants and their applications.
- Skill Development: Participation in community interaction honed communication, leadership, and organizational skills.
- Social Responsibility: The event instilled a sense of responsibility and empathy among students toward societal and environmental well-being.

Kaustav Chakraberti Principal Birpara College

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Medicinal plant distribution at Dalgaon area by NSS Unit I Volunteer



Medicinal plant distribution at Dalgaon area by NSS Unit I Volunteer

#### 2. Impact on the Institution:

- **Reputation Enhancement:** The event highlighted Birpara College's proactive role in community engagement and sustainability efforts.
- Strengthened NSS Program: The successful execution of this program demonstrated the NSS Unit's capability in mobilizing resources and conducting impactful outreach initiatives.
- Encouragement for Future Events: The event's success serves as a motivation to organize similar programs, aligning with the institution's mission of holistic education.

### 3. Impact on the Community:

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Birpara, Alipurduar

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- Increased Awareness: Community members learned about the significance of medicinal plants and their health benefits, encouraging them to incorporate these into their lifestyles.
- Health Promotion: Access to medicinal plants offered a natural and cost-effective solution to common health problems.
- **Environmental Benefits:** Encouraging the planting of medicinal flora contributes to environmental conservation and biodiversity enrichment in Dalgaon.

#### Conclusion

The "Medicinal Plant Distribution at Dalgaon" programme was a resounding success, fulfilling its objectives of promoting health, environmental awareness, and student-community collaboration. The NSS Unit I of Birpara College remains committed to conducting more such meaningful initiatives in the future to foster sustainable development and community welfare.

Principal
Birpara College
Birpara Alipurduar

### BIRPARA COLLEGE, BIRPARA, ALIPURDUAR

Title of Event: _	Medicinal	Plant	Distribution	at	Dalgaon.
Date: From 18 Organised by: _ In collaboration	/ 03/24 to  MSS Unit  with: IQAC	1, Birpan Din pana	Time (in hours)_  na College  College	( oula pn	rach ogramme

### **Attendance Sheet**

Sl. No.	Signature	Sl. No.	Signature
1.	Joy Sanizan	26.	
2.	Jayanti mansou	27.	
3.	Tharana Neware	28.	
4.	Joli Sanzan	29.	
5.	Toybeep face	30.	
6.	Kamini Das	31.	
7.	manisha Barrman	32.	
8.	Nipa Sankan	33.	
9.	Bapiya Das	34.	
10.	Phiyasit Saukan	35.	
11.	Risbon Alorm	36.	
12	Sayantini mapumdan	37.	
13.	Shreja Ghosh	38.	
14.	Rohit Saiba	39.	
15.	Abhi Saiba	40.	
16.	Adrita Paul Chowdhury	41.	
17.	Amon oraon	42.	
18.		43.	
19.		44.	
20.	Karrota-Charolal	45.	
21.	BIRPARA COLLEGE BIRPARA, ALIPURDUAR	46.	
22.		47.	
23.	Programmy They	48.	
24.	Programme Mcer Birpara College NSS Unit-I	49.	
25.	Birpara, Alipurduar	50.	