(NAAC ACCREDITED)

P.O. Birpara, Dist. Alipurduar (W.B.) PIN - 735 204

(A Govt. Aided Degree College Affiliated to the University of North Bengal & Enlisted Under Sec. 2(f) & 12(B) of UGC. Act.)



| Phone & Fax No.: 03563 - 266217 |
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| Ref |
| Date |

WORKSHOP ON "TEAM DYNAMICS: WORKING TOGETHER FOR SUCCESS"

Organized By: NSS Unit I, Birpara College

Date: 13th September 2022 - 14th September 2022

Venue: Birpara College

Number of Participants: 54 students

Experts:

- Mr. Pranoy Dey, Programme Officer, NSS Unit I, Birpara College
- Dr. Jyotirmay Roy, Programme Officer, NSS Unit II, Birpara College

Introduction:

The workshop on "Team Dynamics: Working Together for Success" was conducted by NSS Unit I, Birpara College, aimed at enhancing students' understanding of teamwork, collaboration, and effective communication. The event took place over two days, from 13th to 14th September 2022, and brought together 54 enthusiastic participants from various disciplines.

The workshop focused on developing skills required for effective teamwork in academic, professional, and community settings. It was designed to offer students practical insights into team dynamics, conflict resolution, leadership, and collaborative problem-solving.

Objectives of the Workshop:

 Understanding Team Dynamics: To help students understand the concept of team dynamics and the roles individuals play in a team setting.

> Kanstav Chekraberti Principal Birpara College Birpara, Alipurduar

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- Building Effective Communication Skills: To promote open, respectful, and effective communication within teams.
- Conflict Management: To develop strategies for resolving conflicts that arise in a team environment.
- Leadership and Teamwork: To foster leadership skills and the ability to work collaboratively towards common goals.
- Promoting Success in Group Work: To equip students with the tools and knowledge needed for successful group work in academic and professional contexts.

Summary of Sessions:

Day 1: 13th September 2022

The workshop began with an introduction by the Programme Officers, Mr. Pranoy Dey and Dr. Jyotirmay Roy, who outlined the importance of understanding team dynamics and the role of each member in a collaborative environment. Following this, the session delved into topics such as:

- The definition of team dynamics and its relevance in both academic and professional settings.
- Understanding the different types of teams and roles that individuals can play in a team.
- The stages of team development: Forming, Storming, Norming, Performing, and Adjourning.

The session concluded with an interactive group activity where students were divided into teams and asked to work together to solve a given problem, demonstrating their understanding of team dynamics in real-time.

Laustav Chekreberti Principal Birpara College Birpara, Allpurduar

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Day 2: 14th September 2022

On the second day, the focus shifted to practical aspects of teamwork, including:

- Effective Communication: How to communicate clearly and respectfully within a
 team, understanding verbal and non-verbal cues, and the importance of active listening.
- Conflict Resolution: Techniques for addressing and resolving conflicts that may arise
 in team settings, with case studies and role-playing exercises to illustrate these
 concepts.
- Leadership and Collaboration: Exploring the different leadership styles and how leadership can evolve within a team. Students participated in a group discussion on leadership and the role of each member in contributing to team success.

The workshop concluded with a final group activity where students applied the concepts they had learned to create a plan for a hypothetical team project. Each group presented their plan, highlighting the roles, communication strategies, and conflict resolution methods they would employ.

Key Takeaways:

- Team Dynamics Understanding: Students gained a comprehensive understanding of team structures, roles, and the importance of cooperation.
- Enhanced Communication Skills: Participants improved their ability to communicate effectively, listen actively, and express ideas clearly within a group.
- Conflict Resolution: Students learned practical conflict resolution strategies, including mediation and negotiation.
- Leadership Skills: The workshop highlighted the importance of leadership in teams and encouraged students to take initiative in group work.

Principal
Birpara College
Birpara, Allipurduar

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Collaboration for Success: Students developed a deeper appreciation for collaboration and its role in achieving team goals.

Conclusion:

The "Team Dynamics: Working Together for Success" workshop successfully met its objectives, equipping students with essential skills for teamwork, communication, leadership, and conflict resolution. The event was a valuable learning experience for all participants and contributed to the holistic development of students at Birpara College.

We extend our sincere gratitude to Mr. Pranoy Dey and Dr. Jyotirmay Roy for their expert guidance and to all participants for their enthusiastic involvement. The workshop was a significant step in fostering a collaborative and success-driven mindset among the students of Birpara College.

Laustav Chakraberti Principal Birpara Gollege Birpara, Allpurduar

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| Date: From | 9 / 2022 to 14 / 09 / 2022 Time (in hours) |
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Attendance Sheet

| Sl. No. | Roll No. | Signature | SI. No. | Roll No. | Signature |
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| 23. | | Sonali Kasjee | 48. | 1200145 | |
| 24. | 1210006 | Laxi Koy | 49. | 3190011 | Sidhant Sah |
| 25. | | Monishikes Roy | 50. | 3198011 | Neha choudhary |

AUTHENTION

PRINCIPAL BIRPARA COLLEGE BIRPARA, ALIPURDUAR

BIRPARA COLLEGE, BIRPARA, ALIPURDUAR

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