



BIRPARA COLLEGE

ACCREDITED BY NAAC

BIRPARA, DIST-ALIPURDUAR, STATE-WEST BENGAL, PIN-735204

International Yoga Day

Date: 21/06/2022, Time: 7-9 a.m.

Number of participants from Birpara College: 40

As per the instructions of UGC, International Yoga Day was celebrated on the premises of Birpara College on 21st of June, 2022. The event was successfully conducted by the Sports Committee and was joined by the helping hands of NSS and the Department of Physical Education. Around 40 faculty members and students took part in the event.

A workshop to train and make the faculty and students of the college aware about Yoga was conducted on the college premises by the Sports Committee prior to the event, on 18th June, 2022. Around 30 faculty members and students participated in the workshop.